

## **EXERCISE 5.6**

### **STIR-UP:**

- seek God
  - press in
  - declare the word
  - speak His promises
  - pray in the Spirit, in room
    - behold Him
    - hold others before Him
- use your gifts

grow cold through disuse; he was to “stir it up” and keep the fire going.  
filling of the Holy Spirit

### **2 Timothy 1:6**

Therefore I remind you to stir up the gift of God which is in you through the laying on of my hands.

### **2 Timothy 1:7**

For God has not given us a spirit of fear, but of power and of love and of a sound mind.

### **Jude 20-21**

20 But you, beloved, building yourselves up on your most holy faith, praying in the Holy Spirit, 21 keep yourselves in the love of God, looking for the mercy of our Lord Jesus Christ unto eternal life.

### **John 4:31-34**

31 In the meantime His disciples urged Him, saying, “Rabbi, eat.”

32 But He said to them, “I have food to eat of which you do not know.”

33 Therefore the disciples said to one another, “Has anyone brought Him anything to eat?”

34 Jesus said to them, “My food is to do the will of Him who sent Me, and to finish His work.